

Great Bardfield Primary School Curriculum Statement for: **PE**

Intent:

At Great Bardfield Primary School we aim to develop the knowledge and skills necessary for mental, emotional, social and physical wellbeing in our children now and for their future. Our PE Curriculum intends to develop a lifelong love of physical activity, sport and games in all our pupils. We want our pupils to understand the importance of a healthy lifestyle and the part that physical activity can play in achieving this during their years at school and beyond.

The aims of our PE curriculum are to develop pupils who:

- Have the opportunity to practise many different skills in a range of different situations such as individually, in small group, in pairs and in teams;
- Apply their skills in chosen activities to achieve exceptionally high levels of performance;
- Gain and maintain high levels of stamina and physical fitness;
- Lead a healthy lifestyle which is achieved by eating sensibly, being aware of the dangers of drugs, smoking and alcohol and exercising regularly;
- Possess a positive and healthy physical and mental outlook to their own wellbeing;
- Gain essential skills like leadership and teamwork;
- Employ imagination and creativity in their techniques, tactics and choreography;
- Become excellent young leaders; motivating and instilling excellent sporting attitudes in others;
- Are able to improve their own and others' performance by evaluating carefully;
- Have the ability to make informed choices about engaging fully in extracurricular sport;
- Have the opportunity to take part in both intra and inter school competitions and festivals.
- Can swim at least 25 metres before the end of Year 6 and know how to remain safe in and around water.

Implementation:

At Great Bardfield Primary School our PE Curriculum ensures that children have a varied and well mapped out PE curriculum. It provides the opportunity for progression across the full breadth of the PE National Curriculum for KS1 and KS2 for both indoor and outdoor PE. This progression is clearly identified on progression maps and each lesson has been carefully planned to match these. In KS1, the focus of the PE curriculum is on the development of the fundamental skills that will be built upon in KS2 when they are applied in specific sports. Alongside our planned curriculum we provide other opportunities for physical exercise such as The Daily Mile and lunchtime activity clubs.

Subject Leaders are provided with an additional three planning days per year in addition to their PPA, to plan and monitor the curriculum, resources and any staff training needed.

As part of the teaching and learning process, teachers will plan and deliver the following as part of PE lessons:

- A medium term plan which outlines knowledge and skills (including vocabulary) all children must master;
- A sequence of lessons that allows for progression and depth but which also takes account of how the children are learning and how they self-lead their learning;
- Trips and visiting experts who will enhance the learning experience;
- Opportunities to work with experts in the field and learn from their work ethic and demonstrations of good practice.
- Opportunities to join other schools within our DEEP sports partnership to develop skills and take part in competitions.

Impact:

Our PE Curriculum is high quality and planned to demonstrate progression. Children who are achieving age related goals within the curriculum are deemed to be making good progress. In addition, we measure the impact of our curriculum through the following methods:

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- Regular pupil reflections and discussions about their attainment, progress and next steps.
- The use of 'before' and 'after' evaluations for each block of learning to pinpoint starting points, attainment and next steps. These can take the form of targeted questions, quizzes, mind maps or set tasks.
- Summative termly assessments which enable us to record and track progress and attainment.
- Regular reflection on standards achieved against the planned outcomes;
- The annual tracking of standards across the curriculum.