## **Directory of SEND support**

## General autism websites for support: Emotional wellbeing: • Every Mind Matters NHS Amazing Things Happen • Place2be Supporting your Neurodiverse Child • Diagnosis Support Pack Young Minds National Autistic Society Kooth (online support) • Girl with the Curly Hair • MiLife (support for young people by • BBC - 1800 seconds on Autism young people) • Life Journey through Autism: A guide to safety • Life Skills for Little Ones • Autism: Practical Strategies for **Parents** Autism diagnosis: • Acorn Autism Specialists Emotional wellbeing: ADHD: • Place2be ADHD foundation Kooth (online support) • Supporting your Neurodiverse Child MiLife (support for young people by (information on ADHD) young people) • Helping children with ADHD to thrive Sensory: Speech and Language Therapy: Making Sense of Sensory Behaviours • The Orchid Practice (Falkirk) • The Giraffe Centre • National Autistic Society: Sensory C&D Speech and Language Therapy Differences Educational Psychology: Dyslexia assessments: Aspire Educational Psychology • LD learning support Honeybee Psychology • Dyslexia UK remote assessment

## Avoidant and Restrictive Eating Patterns

- Emotional Wellbeing Mental Health Service (EWMHS) (telephone 0800 953 0222)
- ARFID Awareness UK

• 3R Psychology

- ARFID Awareness UK and Autism
- BEAT Eating Disorders: ARFID