

Allergens-School Lunch Menu Summer 2024-25

Week One	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Macaroni Cheese (Milk, Gluten)	Jacket potato with a choice of fillings (see below for allergens)	Hot Dogs (Soya, Sulphites) *GF sausages and rolls (Eggs) available	Chicken Katsu Curry (Gluten, Soya)	Fish Fingers (Gluten, Fish) *GF fish fingers available (Fish)
Vegetarian	As Above	As Above	Plant Chef hot dogs (Gluten, Soya)	Veggie Dipper Katsu Curry (Gluten, Soya)	Veggie Fingers (Gluten)
Vegetables and accompaniments	Garlic Bread (Gluten,Milk) Salad Bar Pasta Bar (Gluten)	Salad Bar Pasta Bar (Gluten)	Corn on the cob Salad Bar Pasta Bar (Gluten)	Rice Salad Bar Pasta Bar (Gluten)	Crispy Chips Garden Peas or Baked Beans Salad Bar Pasta Bar (Gluten) Ketchup/BBQ Sauce
Alternative	Freshly baked baguettes (Gluten) and wraps (Gluten) with ham, cheese (Milk) or tuna mayo (Fish, Eggs) or a jacket potato with baked beans, cheese (milk) or tuna mayo (Fish, Eggs) also available every day.				
Dessert	Choice of Yoghurts and Fromage Frais (Milk) Fresh fruit	Fruit Lolly Fresh Fruit	Chocolate Brownie (Gluten, Eggs) Fresh Fruit	Oaty Flapjacks (Gluten, Milk) Fresh Fruit	School Cake (Gluten, Eggs, Milk) Fresh Fruit

Week Two	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Cheese & Tomato Pasta (Gluten, Milk) Pesto Pasta (Gluten, Milk) *GF Pasta available	Chicken Fajitas (Gluten, Milk)	Sausage Roll (Gluten, Milk) *GF available (Eggs, Sulphites)	Pizza: Cheese & Tomato, Ham & Pineapple or Pepperoni (Gluten, Milk) *GF pizza available (Milk)	Fish Fillet (Gluten, Fish) *GF fish fingers available (Fish)
Vegetarian	As Above	Quorn Fajitas (Gluten, Eggs, Milk)	Cheese and Onion Roll (Gluten, Eggs, Milk)	As Above	Vegan Dippers (Gluten)
Vegetables and accompaniments	Garlic Bread (Gluten, Milk) Salad Bar Pasta Bar (Gluten)	Salad Bar Pasta Bar (Gluten) Mayonnaise (Eggs, Mustard)	Herby Potatoes Salad Bar Pasta Bar (Gluten)	Salad Bar Pasta Bar (Gluten)	Crispy Chips Garden Peas or Baked Beans Salad Bar Pasta Bar (Gluten) Ketchup/BBQ Sauce
Alternative	Freshly baked baguettes (Gluten) and wraps (Gluten) with ham, cheese (Milk) or tuna mayo (Fish, Eggs) or a jacket potato with baked beans, cheese (milk) or tuna mayo (Fish, Eggs) also available every day.				
Dessert	Choice of Yoghurts and Fromage Frais (Milk) Fresh fruit	Ice-Cream Pot (Milk) Fresh Fruit	Chocolate Brownie (Gluten, Eggs) Fresh Fruit	Cookie (Gluten, Milk) Fresh Fruit	School Cake (Gluten, Eggs, Milk) Fresh Fruit