

Allergens-School Lunch Menu: Winter Menu 2025-26

Week One	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Cheese & Tomato Pasta (Gluten, Milk) Pesto Pasta *GF & DF Pasta available	Chilli con Carne Rice or jacket potato	Chicken Burger (Gluten)	Roast Chicken Potatoes, mixed vegetables & Yorkshire puddings (Milk, eggs)	Fish Fingers (Gluten, Fish) *GF fish fingers available (Fish)
Vegetarian	As Above	Veggie chilli	Vegetable burger (Gluten)	Veggie sausage (Soya)	Vegetable Fingers (Gluten)
Vegetables and accompaniments	Garlic Bread (Gluten) Salad Bar Pasta Bar (Gluten)	Salad Bar Pasta Bar (Gluten)	Hash Browns Sweetcorn Salad Bar Pasta Bar (Gluten)	Salad Bar Pasta Bar (Gluten)	Crispy Chips Baked Beans Salad Bar Pasta Bar (Gluten)
Alternative	Freshly baked baguettes (Gluten) with ham, cheese (Milk) or tuna mayo (Fish, Eggs) or a jacket potato with baked beans, cheese (milk) or tuna mayo (Fish, Eggs) also available every day.				
Dessert	Yoghurts and Fromage Frais (Milk) Fresh fruit	Flapjack & orange wedges (Oats) Fresh Fruit	Brownie & custard (Gluten, Eggs) Fresh Fruit *GF brownie available	Jelly Tinned fruit Squirty cream (milk)	Sponge Cake (Gluten, eggs) Fresh Fruit *GF cake available
Week Two	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Pizza: Cheese & Tomato, Ham & Pineapple or Pepperoni (Gluten, Milk) *GF& DF pizza available (Milk)	Spanish Chicken & rice	Jacket potatoes Or Baguettes (Gluten, milk) *GF rolls available	Roast Sausage Potatoes, mixed vegetables & Yorkshire puddings (Milk, eggs)	Fish Fillet (Gluten, Fish) *GF fish fingers available (Fish)
Vegetarian	As Above	Quorn chicken – as above (soya)	As Above	As Above	Vegetable fingers (Gluten)
Vegetables and accompaniments	Potato wedges Salad Bar Pasta Bar (Gluten)	Salad Bar Pasta Bar (Gluten)	Salad Bar Pasta Bar (Gluten)	Salad Bar Pasta Bar (Gluten)	Crispy Chips Garden Peas Salad Bar Pasta Bar (Gluten)
Alternative	Freshly baked baguettes (Gluten) with ham, cheese (Milk) or tuna mayo (Fish, Eggs) or a jacket potato with baked beans, cheese (milk) or tuna mayo (Fish, Eggs) also available every day.				
Dessert	Yoghurts and Fromage Frais (Milk) Fresh fruit	Flapjack & orange wedges (Oats) Fresh Fruit	Brownie & custard (Gluten, Eggs) Fresh Fruit *GF brownie available	Jelly Tinned fruit Squirty cream (milk)	Sponge Cake (Gluten, eggs) Fresh Fruit