



# GBPS Safeguarding across the Curriculum



At Great Bardfield Primary School, safeguarding is embedded throughout the curriculum in practical, age-appropriate ways. It is taught explicitly through our PSHE scheme of work, enhanced by the myHappyMind wellbeing programme, and reinforced through the wider curriculum, pupil voice and a strong safeguarding culture.

## PSHE / RSE Curriculum

This is the most explicit safeguarding strand. Our **scheme of work** provides a structured, progressive curriculum that meets statutory requirements for **Relationships Education, Health Education and RSE**. Safeguarding is explicitly taught through sequenced learning covering:

- families and trusted adults; healthy and unhealthy friendships; respectful relationships;
- personal boundaries, body autonomy and consent (age-appropriate);
- bullying and cyberbullying;
- mental wellbeing and emotional literacy; managing stress, anxiety, change and loss; self-esteem and body image;
- keeping safe and healthy; drug, alcohol and tobacco awareness (age-appropriate); basic first aid (KS2); road, water, fire and home safety; stranger awareness; emergency situations and who to contact; online safety including personal information, passwords, safe searching, online relationships, gaming and reporting concerns;
- children's rights; rules, laws and consequences; equality, tolerance, discrimination and prejudice;
- growing and changing, including correct naming of body parts, privacy, boundaries and physical and emotional changes.

Alongside this, **myHappyMind** strengthens safeguarding by developing children's emotional literacy and resilience through recognising and managing emotions (*Feel Good Me*), understanding how the brain responds to stress (*Meet Your Brain*), and building confidence, self-worth and positive identity (*Celebrate*). Together, both programmes equip our children with the knowledge, language and emotional skills needed to recognise risk, seek help and speak up.

## Online Safety

Online safety is taught regularly through the Computing curriculum and reinforced through PSHE safety units. Teaching covers personal data, passwords, safe searching, reporting concerns, gaming safety and digital footprints, with **myHappyMind** supporting children to manage emotions linked to online experiences, peer pressure and worry. Learning is further supported through whole-school events such as **Safer Internet Day**. We also hold workshops, such as The Two Johns sessions for parents, staff and children.

## Behaviour, Relationships and Pupil Voice

Behaviour policies explicitly teach boundaries, respect, kindness and keeping self and others safe.

**Restorative approaches** support conflict resolution, reflection and repairing relationships.

Safeguarding is strengthened through proactive **pupil voice opportunities**, including pupil voice and

wellbeing surveys, school council and pupil groups, and regular check-ins that help staff know children well and notice changes in behaviour or emotional wellbeing. Consistent language supports open communication, and children are encouraged to talk to **any trusted adult**.

## **Safeguarding Across the Wider Curriculum**

Safeguarding is reinforced across everyday learning: **Science** (naming body parts, physical and mental health); **PE** (personal space, safe movement, teamwork and respect); **Geography** (environmental hazards and staying safe in different locations); **DT/Cooking** (safe use of tools, equipment and hygiene); and **Art/English** (exploring emotions, relationships and moral choices through texts and creative work).

## **A Safe School Culture**

Safeguarding extends beyond lessons through assemblies linked to our core values, Fundamental British Values, diversity, safety and wellbeing. We use consistent whole-school language around emotions, wellbeing and safety; worry boxes, emotional check-ins and pastoral support; and clear routines and expectations that help children feel safe and secure.

## **Safeguarding Through a Broad, Balanced Curriculum**

A well-sequenced curriculum helps children become confident, articulate and resilient. Emotional resilience developed through **myHappyMind** strengthens children's ability to recognise risk and seek help, while **our PSHE curriculum** ensures safeguarding knowledge is progressive, revisited and built upon year on year.