

Allergens - School Lunch Menu Summer 2025-26

Week One	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Macaroni Cheese* (Milk, Gluten)	Cottage Pie	Sausage Rolls* (Gluten, Dairy)	Sweet & Sour Chicken	Chicken Dippers/Nuggets* (Gluten)
Vegetarian	As Above	As above – with plant based mince	Plant Chef rolls (Gluten)	As above – with quorn pieces (Egg)	Quorn nuggets (Gluten, egg, milk)
Vegetables and accompaniments	Garlic Bread (Gluten) Salad Bar Pasta Bar (Gluten)	Cauliflower & carrots Salad Bar Pasta Bar (Gluten)	Potato wedges & baked beans Salad Bar Pasta Bar (Gluten)	Rice & Broccoli Salad Bar Pasta Bar (Gluten)	Crispy Chips Garden Peas or Baked Beans Salad Bar Pasta Bar (Gluten)
Alternative	Freshly baked baguettes* (Gluten) with ham, cheese (Milk) or tuna mayo (Fish, Eggs) *Gluten free rolls are available				
Dessert	Fruit Ice lollies Fresh fruit	Shortbread* (Gluten) Fresh Fruit	Brownie* (Gluten, Eggs) Fresh Fruit	Jelly Squirry Cream Fresh Fruit	Sponge Cake* (Gluten, Eggs) Fresh Fruit

*gluten free options are available for these meals and desserts. All of the cakes and bakes are dairy free

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Week Two	Monday	Tuesday	Wednesday	Thursday	Friday
Main	*Pizza: Cheese & Tomato, Ham & Pineapple or Pepperoni (Gluten, Milk)	Pasta Bolognese* (Gluten)	Chicken Burger* (Gluten)	Buffet Day Choice of: wrap or baguette. Cheese & onion rolls/veggie rolls	Flipper Dippers* (Gluten, Fish)
Vegetarian	As Above	Vegetarian Bolognese (Gluten)	Vegetable Burger (Gluten)	As Above	Vegetable Fingers
Vegetables and accompaniments	Potato Wedges Salad Bar Pasta Bar (Gluten)	Garlic Bread Salad Bar Pasta Bar (Gluten)	Hash Browns & Sweetcorn Salad Bar Pasta Bar (Gluten)	Salad Bar Pasta Bar (Gluten)	Crispy Chips Garden Peas or Baked Beans Salad Bar Pasta Bar (Gluten)
Alternative	Freshly baked baguettes* (Gluten) with ham, cheese (Milk) or tuna mayo (Fish, Eggs) <i>*Gluten free rolls are available</i>			Jacket Potatoes: Various fillings – cheese, beans and tuna mayo (Milk, fish, eggs)	Freshly baked baguettes* (Gluten) with ham, cheese (Milk) or tuna mayo (Fish, Eggs)
Dessert	Milk ice lollies (Milk) Fresh fruit	Flapjack (Gluten) Fresh Fruit	Brownie (Gluten, Eggs) Fresh Fruit	Angel Delight (Milk) Fresh Fruit	Sponge Cake (Gluten, Eggs) Fresh Fruit

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